



TROPHY ROOM

OBJECTIVE: To foster a positive self-image in students by reflecting on memorable achievements in their lives

MATERIALS: Trophy Room reproducible; pens/pencils/photos/glue for artwork; access to SparkTop.

ACTIVITY LEAD-IN: Have students define what an accomplishment is. Explain that an accomplishment can be anything that someone achieves or finishes, whether he or she wins a race, cleans the house, or finishes his or her homework. Share one of your accomplishments (no matter how small) that you're proud of. Mention what skills or steps were needed to accomplish the task. Discuss how different accomplishments require different strengths and abilities. Hand out the **Trophy Room** reproducible, one per student (provide additional copies if students create more trophies).

PROCEDURE:

1. Guide students to think of something they've done that they're proud of and write that accomplishment on their **Trophy Room** reproducible.
2. Encourage them to think back on what they did to accomplish that task (e.g., talking to their parents, saving money, surfing the Web, etc.).
3. Guide students to write about how they (and even others) felt when they finished their task.
4. Instruct students to write, draw, or paste photos that represent their achievement in their **Trophy Room**.
5. If appropriate, have students share their accomplishment with the class.

EXTENSION:

Students can write, record, or paint about their achievements by using the **Create Tools** on SparkTop, and registered members can submit their creations to be featured in the BrainScan Gallery for everyone to see!

Trophy Room

**Directions:**

1. Think about an accomplishment that made you feel really proud of yourself, and write it in the space below.
2. Next, think about what you did to accomplish this task. (Did you use a computer? Talk to your parents? Save up some money?) How did you feel after you accomplished it? Record your answers below.

• My accomplishment was _____

• To accomplish this, I _____

• Afterward I felt _____

Now draw a picture, paste a photo, or write about your accomplishment in the space below!



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