



# BRAINSTORM

**OBJECTIVES:** To encourage students to reflect on their strengths and interests; to facilitate self-awareness

**MATERIALS:** BrainStorm reproducible; chart paper; marker; access to SparkTop (go to **Spark 2 Spark** under the "Connect" menu)

**ACTIVITY LEAD-IN:** Share a few of your favorite hobbies with students, then ask what they like to do in their spare time. Record their answers on chart paper. Discuss how everyone's brain is unique and how, as a result, each person has their own skills and interests. Tell students they will be creating a "picture" of their brain that reflects their own special skills and talents. Hand out the **BrainStorm** reproducible, one per student.

## PROCEDURE:

1. Have students record their interests and hobbies on the **BrainStorm** reproducible. Guide them to record **at least** one thing they are interested in or good at.
2. In the middle of their brain, have kids draw a picture or paste a photo that represents themselves or their interests.
3. If appropriate, encourage students to share a hobby or interest with the class. As students share their hobbies, point out skills used in each activity (e.g., physical strength, social skills, patience, planning, etc.).
4. Have students check out the BrainStorms of kids on SparkTop by going to **Spark 2 Spark**, selecting a Screen Name, then clicking on SPARKBLOG. Once in that person's SparkBlog, kids should click on BRAINSTORM in the lower left-hand corner.

## EXTENSION:

Registered members of SparkTop can go to **BrainStorm** to create a brain reflecting their hobbies, interests, and likes, and then save them so other kids can see.

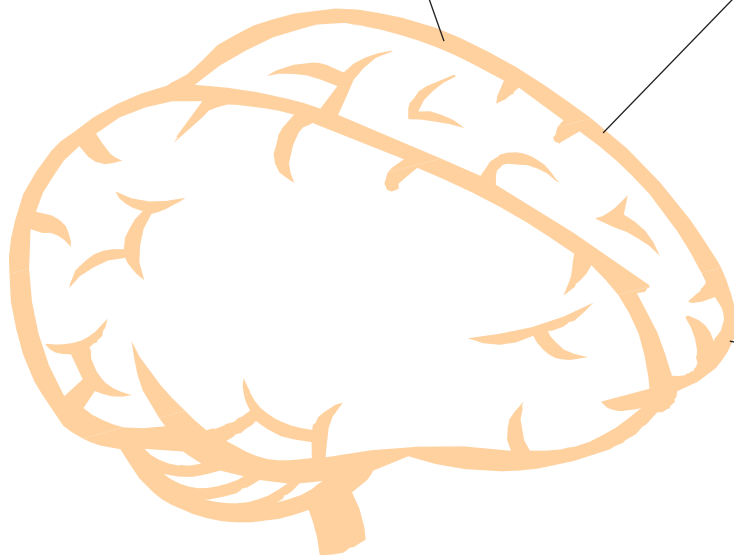
# BrainStorm



BrainStorm for \_\_\_\_\_

## Directions:

1. In each circle below, write and/or draw one of your hobbies, interests, or strengths. Add more circles if you want!
2. In the middle of your Brain, draw a picture or paste a photo of yourself or your interests.

A large empty circle with an orange outline, containing five horizontal lines for writing or drawing.A large empty circle with an orange outline, containing five horizontal lines for writing or drawing.A large empty circle with an orange outline, containing five horizontal lines for writing or drawing.

Express yourself! Visit "BrainStorm" at [SparkTop.org](http://SparkTop.org)!